

FIELD THEORY

ONE DAY CLINICS

GROUP DEFENSIVE TRAINING CLASSES

WEEKLY GROUP SESSIONS | AGE-GROUP SPECIFIC | DEFENSE FIRST

- ▶ High intent defensive training and instruction.
- ▶ Focus on increasing overall athleticism of the athlete in the field. (footwork, glove work, agility, quickness, reaction time)
- ▶ This 60-minute group training session is built for 9U-14U athletes who are ready to compete at a higher level.
- ▶ Each session is capped at 10 players. You'll leave sharper than you arrived.
- ▶ Attend as many sessions as you would like There's no commitment from week-to-week. Pick the weeks you want to attend!

\$60
/ SESSION

WHY PARENTS & PLAYERS LOVE FIELD THEORY

"My son looks forward to Saturdays more than game days. Field Theory brings out the best in him every week."

— Parent of a 12U player

"Ryan and Mack actually care about my development. They're not just running drills—they're teaching me the game."

— 13U infielder



CLINIC SESSIONS

SAME GAME. A HIGHER STANDARD.

TUESDAYS	AT RAWLINGS TRAINING CENTER	4:00-5:00PM	9U-10U	(BEGINNING NOV 3RD THROUGH END OF APRIL) *NO CLINIC 12/29
WEDNESDAYS	AT RAWLINGS TRAINING CENTER	4:00-5:00PM	13U-14U	(BEGINNING NOV 4TH THROUGH END OF APRIL) *NO CLINIC 11/25, 12/30
THURSDAYS	AT RAWLINGS TRAINING CENTER	4:00-5:00PM	11U-12U	(BEGINNING NOV 5 THROUGH END OF APRIL) *NO CLINIC 12/31
SATURDAYS	AT BALLS-N-STRIKES	10:00-11:00AM	9U-11U	(BEGINNING NOV 14 THROUGH END OF APRIL) *NO CLINIC 11/29, 12/26, 1/2, 2/6
SATURDAYS	AT BALLS-N-STRIKES	11:00-12:00PM	12U-14U	(BEGINNING NOV 14 THROUGH END OF APRIL) *NO CLINIC 11/29, 12/26, 1/2, 2/6

CALL (636) 394-2255 OR VISIT RAWLINGSTRainingcenter.com TO REGISTER