

LEARN  
PREPARE  
COMPETE  
GET NOTICED



DRILLS  
STRATEGY  
HABITS  
RECRUITING

# HIGH SCHOOL PREP ACADEMY

GET GAME READY FOR HIGH SCHOOL COMPETITION

*Preparing players for the future - learn the terms, drills, strategies,  
and habits that make high school coaches take notice.*

## PROGRAM DETAILS

4-WEEK  
SESSIONS

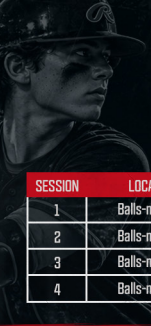
AGES  
12U, 13U, 14U

\$195  
PER PLAYER

BALLS-N-STRIKES  
BALLWIN  
(INSIDE THE FIT FLAVORS CENTER)

REGISTER TODAY

636-394-2255 | RAWLINGSTRainingCENTER.COM



# HIGH SCHOOL **PREP** ACADEMY

HIGH SCHOOL  
MINDSET  
EXPECTATIONS  
YOUR NEXT LEVEL

## 4 SESSIONS TO CHOOSE FROM

| SESSION | LOCATION        | AGES    | DAYS     | TIMES       | DATES                 |
|---------|-----------------|---------|----------|-------------|-----------------------|
| 1       | Balls-n-Strikes | 12U-14U | Tuesdays | 5:30-6:30pm | Oct 20, 27, Nov 3, 10 |
| 2       | Balls-n-Strikes | 12U-14U | Tuesdays | 5:30-6:30pm | Nov 17, Dec 1, 8, 15  |
| 3       | Balls-n-Strikes | 12U-14U | Tuesdays | 5:30-6:30pm | Jan 5, 12, 19, 26     |
| 4       | Balls-n-Strikes | 12U-14U | Tuesdays | 5:30-6:30pm | Feb 2, 9, 16, 23      |



### INSTRUCTOR: **EVAN PRATTE** (CREATOR & HEAD INSTRUCTOR)

- ▶ Rawlins Tigers National High School Director and Recruiting Advisor (2021-Present); helped place 410 players into college baseball in 4 years
- ▶ St. Louis University – Assistant Coach (2019-2021)
- ▶ University of Missouri – Assistant Coach (1998-2019); 9 NCAA Regional appearances, 1 NCAA Super Regional appearance.
- ▶ Missouri State University – Assistant Coach (1996-1998)
- ▶ Playing career: Detroit Tigers organization (1991-1995); drafted in 1991; played at Missouri State University (1989-1991)

#### WHY EVAN?

With decades of Division I coaching and recruiting experience, Evan delivers proven instruction, game strategy, and recruiting insight that help players advance.

## WHAT TO EXPECT

- ▶ Position-specific skill work: throwing, fielding, footwork, and advanced hitting mechanics.
- ▶ Live reps, small-group station training, and game-situation drills.
- ▶ Strength, speed, and arm-care guidance tailored for young athletes.
- ▶ College-ready mindset, leadership, and recruiting prep.
- ▶ Structure-focused classroom and on-field instruction covering terminology, drill structure, and in-game strategy.

## CLASS CURRICULUM

1

### FUNDAMENTALS & GAME AWARENESS

Base running, defensive reactions, dugout etiquette

2

### POSITIONING & SITUATIONAL DEFENSE

Defensive positioning, rundowns, success & failure

3

### ADVANCED READ & REACTION PLAY

Pitch recognition, relay & throws, sliding & tag plays

4

### OFFENSIVE TOOLS & TEAM STANDARDS

Bunting, Offense situations & strategies, uniform & presentation

SAME GAME. HIGHER STANDARDS.