

LEARN TO PITCH CLASSES



This 6-week class is perfect for players ages 8U-11U who are ready to start pitching or sharpen early skills. Coaches teach a balanced setup, smooth windup, stride alignment, arm path and release, plus strike-zone aiming - all with age-appropriate warm-ups, workload limits, and recovery. The class progresses week to week, while improving player confidence on the mound.

DETAILS

ALL CLASSES RUN 4 WEEKS,
1 HOUR PER WEEK

COST

\$180

AGES

8U-9U, 10U-11U

SESSIONS

SESSION	LOCATION	AGES	DAYS	TIMES	DATES
1.	Balls-n-Strikes	8U-9U	Sundays	12:00-1:00pm	Nov 15, 22, 29, Dec 6
2.	Balls-n-Strikes	10U-11U	Sundays	1:00-2:00pm	Nov 15, 22, 29, Dec 6
3.	Balls-n-Strikes	8U-9U	Sundays	2:00-3:00pm	Nov 15, 22, 29, Dec 6
4.	Rawlings Training Center	8U-9U	Thursdays	5:00-6:00pm	Nov 12, 19, Dec 3, 10
5.	Rawlings Training Center	10U-11U	Thursdays	5:00-6:00pm	Nov 12, 19, Dec 3, 10
6.	Balls-n-Strikes	10U-11U	Tuesdays	5:00-6:00pm	Nov 17, 24, Dec 1, 8
7.	Balls-n-Strikes	10U-11U	Mondays	4:00-5:00pm	Jan 4, 11, 18, 25
8.	Balls-n-Strikes	8U-9U	Tuesdays	5:30-6:30pm	Jan 5, 12, 19, 26
9.	Balls-n-Strikes	10U-11U	Tuesdays	6:30-7:30pm	Jan 5, 12, 19, 26
10.	Rawlings Training Center	8U-9U	Wednesdays	4:00-5:00pm	Jan 6, 13, 20, 27
11.	Rawlings Training Center	10U-11U	Saturdays	9:00-10:00pm	Jan 9, 16, 23, 30
12.	Balls-n-Strikes	8U-9U	Sundays	12:00-1:00pm	Jan 10, 17, 24, 31
13.	Balls-n-Strikes	8U-9U	Tuesdays	5:30-6:30pm	Feb 2, 9, 16, 23
14.	Balls-n-Strikes	10U-11U	Tuesdays	6:30-7:30pm	Feb 2, 9, 16, 23
15.	Rawlings Training Center	8U-9U	Wednesdays	4:00-5:00pm	Feb 3, 10, 17, 24